

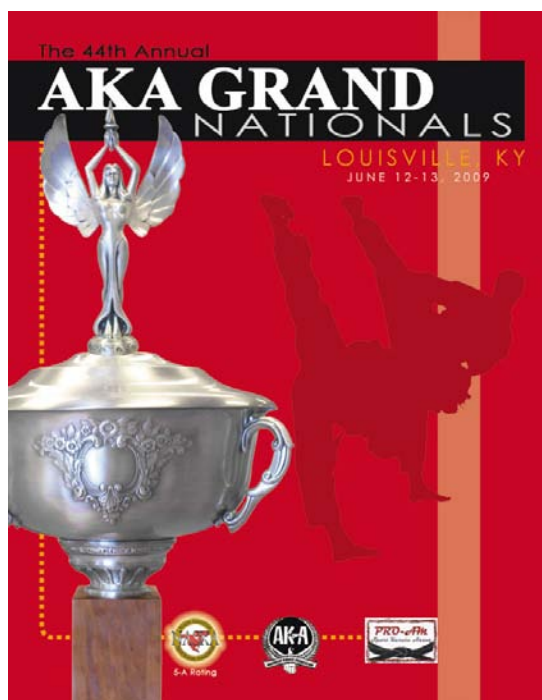
Kick Back

Sharkey's Karate Studios Newsletter May 2009

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44th Annual AKA Grand Nationals

What better way to kick off the summer than participating in one of the oldest tournaments in America today? The 44th Annual AKA Grand Nationals will be June 12-13 at the Galt House Hotel in Louisville, Kentucky. Don't miss your chance to participate in this year's event where you will witness some of the best competitors in sport martial arts today compete for the covenant Warrior Cup. Come out and support your school and organization.



For all under belt competitors, if you sign up today you will be able to secure a better position in the line up for your events. Remember 1st to register is last to go, until May 31st. Online registration is available at www.akagrands.com. We are also looking for timer keepers and score keepers for our event. All volunteers will receive free admission to day time eliminations and free passes to the night time finals. You can see Sensei Jeremy or Sensei Hunter for more details.

Quotes to Ponder

"When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life."
- Greg Anderson

"Without goals, and plans to reach them, you are like a ship that has set sail with no destination."
- Fitzhugh Dodson

"Goals are dreams with deadlines."
- Diana Scharf Hunt

"Goals determine what you're going to be."
- Julius Erving

"What you get by achieving your goals is not as important as what you become by achieving your goals."
- Zig Ziglar

"First say to yourself what you would be; and then do what you have to do."
- Epictetus

Starting from scratch

Last fall we introduced a new billing system to give the school and its students a more convenient way to pay their monthly tuition. While this did help us a bit we found that the system we originally chose had limitations and was not as flexible as we had anticipated. Because of this we have decided to incorporate a better system that will not only help us with our tuition program but help us better track student progression, their attendance and notify us..... when your agreement is about to expire.



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During the final weeks of May and leading into June we will be moving our students over to the new system. Along with this system, students will be receiving a new student i.d. card which they will use to scan in before they start classes. The new system will allow the individual to choose if they would like to have their credit card automatically charged every month or having an EFT from their checking account.

We believe this new system will be beneficial to all and will help us to better serve you. Please see Sensei Hunter or Sensei Jeremy if you have any questions.



Boot Camp & Summer Camp Registration NOW OPEN!

Boot Camp VIII

We are doing new and exciting things this year! New location and new instructors! Are you ready to become the best you can be? Once again, we are setting the standard for the top martial art training camps in the country. The 2009 Boot Camp is set for July 8–August 5. Are you ready for something new and different this year? Be prepared for Boot Camp VIII – where we teach you to own it!



Summer Camp XVI

For the past 16 years The AKA Summer Camp has been setting the standard for martial art training camps! The AKA Summer Camp has the most complete martial arts training available. Instruction includes extreme forms, open forms, weapons training, martial art tricks, traditional forms training, self-defense and other exciting skills training. With Sideswipe Performance Team heading this year's camp, it will prove to be the best camp the AKA has had yet. This year's camp will take place **July 30 - August 02.**

Space is limited for both camps on a first come first serve bases. See Sensei Sharkey, Sensei Hunter or Sensei Jeremy for more information.

Kickin' it in Japan

Back on April 29th to May 6th the Sideswipe Performance Team had the great opportunity to once again entertain our troops and their families. In conjunction with the US Naval Base Exchange, the group



Sideswipe posing with some kids from the Ikego Elementary school

traveled to Tokyo, Japan where they visited the Atsugi Naval Air Base. During their stay the group traveled to several different grammar schools putting on performances for the kids as well as performing a show for the base leader and the Admiral. Their last show was performed in a theater that packed in 600 people for the event.



The group posing in front of palace gate



Sensei Sharkey, Sensei Matt & Sensei Craig on the USS George Washington

During their short amount of time off between shows, the group traveled to different parts of Tokyo and took in the local culture and cuisine as well as visited some of the different tourist sites that the city had to offer. One of the highlights of for the team was the chance to visit the USS George Washington Aircraft Carrier.

This is nuclear powered craft has a combat displacement of about 97,000 tons and has a flight deck of 4.5 acres. It is home to about 6,250 naval personnel. While the trip was a successful one, the team was glad to be home to get some rest from their working vacation.

Upcoming Events

May 26-27: Stripe testing

June 10-14: School Closed

June 12-13: 44th Annual AKA Grand Nationals

June 19: Deadline for belt testing application in.

June 24-25: Stripe testing

June 26: Belt testing

July 8-August 5: Sharkey's Karate Boot Camp

July 29-30: Stripe Test

July 30-August 02: Sharkey's Karate Summer Camp



T-shirt Season

Beginning May 26th, we help you beat the upcoming heat by allowing students to wear Sharkey's Karate t-shirts in lieu of a regular uniform top. Just remember that it MUST be a Sharkey's Karate t-shirt and we ask that it is tucked in to the pants while being worn in class. Other non Sharkey karate t-shirts will not be allowed. We have t-shirts available for purchase at the pro-shop for \$15.00.

Summer Schedule

It's that time a year again where we add on some additional day time classes so you can get your training in and still enjoy a summer's day. Beginning June 16th, we will be adding two additional classes during the summer season. We will now have classes on Tuesday's and Thursday's from 10:30am—11:15am in addition to our regular schedule. These classes are regular karate classes for all ranks. These classes will continue until August 13th, at which time we will switch back to our regular schedule.

