

Kick Back

Sharkey's Karate Studio's Newsletter August 2005

In the News

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Invasion of the boot campers

You may have noticed a few extra bodies hanging around the dojo last month. These invaders, from all over the country and Canada, were here for the Annual Sharkey's Karate Boot Camp hosted by our location in Momence, Illinois. The boot camp is a 30 day program where martial artists, who are serious about expanding their abilities in the arts, as well as competition, come together under the guidance of Sensei Sharkey and the instructors at Sharkey's Karate Studios.

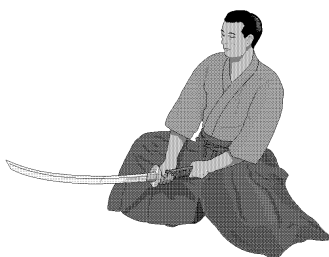
Campers were given a journal in which they set goals and track their progress through out the month. The work outs lasted anywhere between

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Sword class holds its first promotion test

After almost a year of hard work and practice, several students of the Friday night sword class participated in their first rank test, for that class, last June. Jim and Matt Koonce, Mary, Sidone and Werner Stolz and Sebastian Talbott were

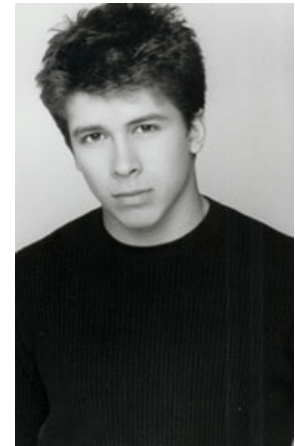
promoted to 8th Kyu in the art of Kosho Kenjutsu (*Old pine tree sword art*). The one hour test drilled



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Farwell Party for Sensei Craig

Sunday, August 28th, from 4pm-7pm, Sharkey's Karate Studio will be hosting a Congratulations, Happy Birthday & Bon Voyage part for Sensei Craig who, as most of you may already know, is heading out to Los Angeles at the end this month to pursue his college and acting career. Recently Sensei Craig was signed to a 3 year movie deal with New Line Cinema and is hoping to be receiving a script from them at anytime. Everyone is invited to join us for refreshments and wishing him good luck in his new life journey as well as celebrate his 18th birthday wish is August 20th.



41st Annual AKA Grands is just around the corner

It's that time of year when we get geared up to host the AKA Grand Nationals tournament. October 28th and 29th we will be running one of the oldest open martial art tournaments in the United States. Like last year, this event will be held in the beautiful Hyatt Regency O'hare in Rosemont, Illinois. Those wishing to reserve a room for that

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students on their knowledge of terminology, drawing and cutting with the sword (*kiri waza*), and their first kata called Happokiri (*8 directional cutting form*). This was the first test held for the class since it began back in July of 2004. Congratulations on a job well done.

The Kosho Kenjutsu class is held Fridays from 7pm—8pm, at the Naperville branch school, under the direction of Sensei Jeremy Talbott who has been involved in the sword arts for over 17 years. The program began under the recommendation and advice of Sensei Sharkey, who wanted to introduce the art to the students of the school. For those wishing to know more about the class can contact Sensei Jeremy for more information.

Private Lessons

For those students wishing to sign up for private lessons, there will be a sign up sheet at the pro-shop. Private lessons can cover such topics like working on requirements for your next belt to getting ready for a tournament. Contact a staff member for more details.



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tournament weekend can get a special rate by calling 1-847-696-1234 and mentioning that you are participating in the AKA Grand Nationals.

This year's event is set to be one of the best ones ever as we

We are also looking for volunteers to help with working in the registration desk this year as well as time keepers and score keepers. Those wishing to help out can see Sensei Jeremy for more details.

(Summer Camp 2005... Continued from page 1)

8-12 hours long and dealt in all areas including traditional forms, weapons, creative forms, extreme forms and basic techniques. This year's theme revolved around Hollywood, so in addition to the 8-12 hour workouts, the campers were taken to a Chicago acting school where they learned the fundamentals of acting skills. For those interested in reading some of their day to day activities and seeing the pictures taken through out the month can go to <http://www.sharkeykarate.com/bootleg.html>. Applications are already being accepted for next year's camp where only 15 spots will be available. If interested in more information, please see one of Sharkey's staff members and pick up an application.

Sideswipe Performance Live at Toyota of Naperville

The nationally renowned Sideswipe Performance team which have appeared on the Steve Harvey Show, Ellen DeGeneres Show, Jerry Lewis Telethon and Wayne Brady Show, will be performing live on September 03 at Dan Wolf's Toyota of Naperville.

Performances will be held between 7pm – 9pm at 1515 West Ogden Avenue in Naperville. So come out for some family fun and entertainment while you browse through the showroom of top of the line cars.



Dojo Days is back again.

September 24th from 11am-1pm we will be holding our very popular Dojo Days. This is a great opportunity to not only earn your competition credit needed for your next rank, but to also experience what it is like to be in a tournament setting. Students can battle it out against their peers in several different events including: ippons (for white belts only), traditional forms, creative forms and extreme forms, open and traditional weapons and sparring. Students can compete in as many events as possible for only \$30.00.



Applications for the event will be available soon at the front desk. Ask a staff member for more information and details.

Announcements

Receive a copy of this newsletter electronically

Send an email to sharkeynews@sbcglobal.net with the subject line saying newsletter. Let us know which email address you would like to have it sent to and if you prefer Publisher format or Adobe Acrobat format.

Sharkey's

Invited by: _____

This pass is good for 2 free introductory lessons.

August Birthdays

Nick Harris	8-1
Jessica Young	8-7
Rick Brown	8-8
Werner Stolz	8-12
Trevor Higgins	8-13
Sensei Hector Rodriguez	8-13
Gabriel Wolf	8-19
Jack Vesevick	8-20
Sensei Craig Henningsen	8-20
Sensei Matt Bowles	8-21



Happy Birthday everyone!