

Kick Back

Sharkey's Karate Studio's Newsletter June & July 2005

In the News

Inside this issue:

In The News	1
Announcements	3
Jun & Jul Birthdays	3

AKA Summer Camp 2005

For the past 12 years The AKA Summer Camp has been setting the standard for martial arts training camps! The AKA Summer Camp has the most complete martial arts training available. Instruction includes extreme forms, open forms, weapons training, martial arts tricks, traditional forms training, self defense and other exciting skills training. With nationally renowned Sideswipe Performance Team heading this year's camp, it will prove to be the best camp the AKA has had yet. This year's camp will

take place August 4th through August 7th.

The goal of the AKA Summer Camp is to have each participant leave the camp feeling they have learned something new and had a great time doing it. Throughout the week the campers will have the opportunity to learn new forms (weapons, traditional, extreme, open and musical), work on a huge array of fighting drills and techniques, and be given an insight on how they can use different performance arts to step out of the box and create something all their own. Our world champion instructors will also help campers tailor their forms to meet their full potential. Through the week campers will

(Continued on page 2)

Making the Grade

Congratulations to Sensei Craig Henningsen on his high school graduation. Though technically graduating earlier this year, Sensei Craig walked down the aisle with the rest of 2005 graduating class of Waubensee Valley High School earlier this month. Sensei Craig, who has already been signed to New Line Cinema and will be moving to California this August to pursue both college and his acting career. Everyone at Sharkey's wishes Sensei Henningsen the best of luck and many blessings in this next step of his life.



Historical Testing

June 9th set the date for a first in belt testing for Sharkey's Karate Studio. Brian Bajezk and AJ Blume traveled down to Eureka Springs, Arkansas to participate in a 4 hour promotion test. AJ's test was the first ever Jr. Black Belt test ever given at Sharkey's Karate officially introducing the Jr. Black Belt rank to Sharkey's Karate. After the 4 hour grueling test, both were exhausted. Brian's big shock was when he was presented with his adult

(Continued on page 2)

(Historical Testings...Continued from page 1)

brown belt rank. To end the weekend on a high note, both participants won top spots at the Eureka Springs Classic tournament. AJ also went on to win both the Black Belt Weapons Grand and the Black Belt Forms Grand. Congratulations to both on a very successful test and tournament.

Speaking of tests

Recently there was a Jr. Brown Belt test for several students from both Momence and Naperville schools. After a grueling 3 hours, Stephen Wilkiening, Heather Cullum, Jake Greenberg and Will Greenberg emerged as new Jr. Brown Belts. Other recent promotions from the Momence school include Amy Velazquez, Averi Kucera, and Hannah Richardson to Jr. Orange Belt, and Amber Richardson, Ariel Kucera, Dustin Trudeau, and Eric Carroll to adult Orange Belt. Great work everyone.

(Summer Camp 2005... Continued from page 1)

experience and learn modern conditioning and training drills that will help them reach new levels. The \$400.00 fee will include lodging, food, training, Camp T-shirt, and all other camp activities. Students may bring a non-karate friend for a \$400.00 fee. Only 50 applications will be accepted and applications with the camp fee must be turned in to Sensei Sharkey by July 20, 2004.

Private Lessons

For those students wishing to sign up for private lessons, there will be a sign up sheet at the pro-shop. Private lessons can cover such topics like working on requirements for your next belt to getting ready for a tournament. Contact a staff member for more details.

Work out in the park

We had a great time at the work out in the park. With students from both Naperville and Momence school, we filled the park up pretty well with enthusiastic students doing what they do best.

Sensei Chris and the rest of the Sideswipe crew led the students through some great warm ups and drills, which got the kids moving and passer-bys looking. The workout ended with the students doing a demonstration of ippons, forms and XMA, which really impressed the on-lookers who were strolling through the park.

The real fun began after the work out where Sharkey Frisbees were being tossed all around the park and food was being cooked for the hungry participants. Of course all good things had to come to an end when a thunderstorm overtook the festivities causing a premature end to a great day.

We would like to thank all the parents and students who helped participate in the fun by bringing friends, and food to the work out.

Outstanding Performances at US Open

This year was another outstanding year for Team AKA and Team Sharkey at the prestigious US Open Martial Arts tournament. Once again Team AKA's Sensei Craig Henningsen held on to his title for the Boys 14-17 Forms champion,, getting a chance to go up on stage and perform his routine for ESPN2. Also joining him on stage was fellow team member Sensei Brendon Huor, who won Boys 14-17 Weapons. For the



(Continued on page 3)

(Continued from page 2)

underbelts, Team Sharkey member Emilio Velazquez of Momence did an outstanding job taking 1st place, out of about 40 people, in creative weapons. Great job to all who attended.

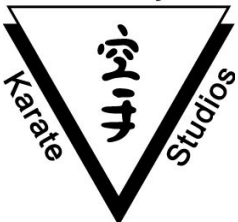


Announcements

Receive a copy of this newsletter electronically

Send an email to sharkeynews@sbcglobal.net with the subject line saying newsletter. Let us know which email address you would like to have it sent to and if you prefer Publisher format or Adobe Acrobat format.

Sharkey's



Invited by: _____

This pass is good for 2 free introductory lessons.

June & July Birthdays

June birthdays

Jordan Harris	06-01
Will Greenburg	06-02
Sensei Ignas Ramanauskas	06-04
Ellen Schollins	06-08
Alex Katchen	06-09
Heather Cullum	06-13
Mark Amato	06-18
Rashi Gupta	06-18
LaVar Tye	06-22
Braden Henrichs	06-24
Ildiko Szasz	06-25
Alexis Mauroy	06-27
Collin Maya	06-29
Bradley Coan	06-30

July birthdays

Alexander Render	07/08
Lisa Grills	07/15
Abby Doud	07/19
Keegan Farrey	07/19
Matt Koonce	07/19
Dane Routsen	07/19
Thomas Richardson	07/21
Anna Marie Taylor	07/23
Matthew Frigo	07/25
Sai Pavan Vemula	07/27
Robin Huang	07/28
Veronique Rebeilleau	07/28
Kimberly Hakim	07/29
Dustin Trudeau	07/29



Happy Birthday everyone!