

Kick Back

Sharkey's Karate Studio's Newsletter April 2005

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In the News

Taking It Off For Cancer

On March 11th, AKA members and Sharkey's Karate Studio students Tim Jordan and his 7 year old son Harris Jordan did the annual "St. Baldrick's" childhood cancer fundraiser event. This annual event has its participants of brave men, women, and children, taking pledges and donations in exchange for shaving their heads. While Mr.

Jordan is no rookie to this event, this is the first year his son, Harris, participated in having his head shaved. His mom said when they started to shave his head, you could see his eyes wetting up a little, but he pushed through it like a trooper. Jordan's biggest concern was being teased at school about his new dew,

but he said that only one kid made fun of it, while the others thought it was cool. Jordan and his dad raised a total of \$638.00 for the St. Baldrick's event. A total of \$60,000.00 was raised for this event. For more information, or to find out how to make a donation,, please check out www.stbaldricks.org.



Harris and Tim Jordan showing off their new dew after participating at the St. Baldrick's Childhood Cancer fundraiser

Luck of the Irish

Sensei Craig spent several days over in Dublin, Ireland striving to bring home some more European victories from the International Irish Open. craig did a great performance pulling off a 2nd place winning at this international event. In addition to his tournament, he also performed a XMA Seminar at Master Massan Ghorbani's Karate School. The three hour seminar consisted of Craig showing both kids and adults the basics of XMA.

Craig posing in downtown Dublin



Wanted: 15 Serious Martial Artists

Looking to expand your abilities in the martial arts? Shakrey's 2005 Boot Camp is the perfect opportunity to do just that. The four weeks allows the campers to see progress in their training as they learn everything from Xtreme forms to various training ethics. Camp will take place beginning July 7th and ending August 7th. You have to hurry. Only 15 spots are available and this camp sells out quickly.

Sharkey's Karate Summer Camp XII

August 4th through August 7th

For the past 12 years The AKA Summer Camp has been setting the standard for martial arts training camps! The AKA Summer Camp has the most complete martial arts training available. Instruction includes extreme forms, open forms, weapons training, martial arts tricks, traditional forms training, self-defense and other exciting skills training. With nationally renowned Sideswipe Performance Team heading this year's camp, it will prove to be the best camp the AKA has had yet. This year's camp will take place August 4th through August 7th.

New for 2005!

World Champion Instructors

Matthew Mullins: Blazing through Hollywood and sports entertainment, Matt and Sideswipe performance team have taken the country by storm! This year alone Matt and Sideswipe have performed in 7 Nationally Televised shows, including, **Steve Harvey's Big Time**, **The Jerry Lewis Telethon**, and the **Ellen Degeneres Show**. Matt will teach campers the proper way to train for open form routines. The campers will also run through one of the high-energy form and weapons training session and learn to utilize basics, energy, and focus to make their forms explode with life.

Chris Brewster: On Sideswipe his nickname is "No Break Brewster" The reason is because Chris can do seemingly endless extreme forms with no rest in between. Chris will instruct the campers on the latest and greatest tricking trends along with formulated conditioning drills to give the campers the endurance edge on their competition.

Craig Henningsen: As a member of Sideswipe, Craig is one of the most inspiring young men on the circuit today. Innovation and creativity are two words that separate Craig from every competitor. Craig will be on hand to help every camper add the specific details every competitor needs to be the best.

Suzann Wancket: Suzann is a WKA World Champion and has won every major national tournament in the country. Suzann will work with the campers on sprucing up their traditional forms as well as **working with the** campers on improving their stances. Suzann is an inspiration to all competitors but more so to the female competitors. Sensei Wancket is the first martial arts instructor to develop a program for ADD students.

Doctor Dave Smith: Dr. Dave is a 2nd Dan in Isshin- Shorinji Ryu; he is also the ring doctor for the world champion Fairtex Mui Tai fighting team. Dave will take the campers through proper stretching techniques and conditioning for all the rigors of sport karate training and competition.

John Greenidge: John is a 2 time national champion Gymnastic competition and has been teaching for over 15 years. John will work with the campers on gymnastic moves and tricks they are trying to perfect, as a black belt himself, John understands how to break down and gymnastics and tricks into competition routines.

Ray Boyer: Sensei Ray has been an active member of the martial arts for over 30 years and is proficient in many different styles of the martial arts and a Certified Tactical Master Instructor in CDT (Compliance, Direction & Takedown). Sensei Ray will instruct campers on escaping arts and the 8 positions of avoidance. This will appeal to all of our campers especially our smaller campers because this self-defense is done with little or no strength.

Deep River Water Park: *The campers will also be going to a world-class water park. Here they will have a chance to kick back and enjoy a day of exciting pools and water slides.*
See a staff member for more details or to sign up today.

Sparring Seminar

Sharkey's Karate Studio will be hosting a kid's sparring seminar Tuesday May 3rd from 7:15pm—8:00pm. All ranks are invited to attend. Cups must be worn by the boys and mouth pieces must be worn by both boys and girls. If you do not have these items, you can purchase them at the pro shop.

This seminar will be the lead in for an official sparring class, which will be held on Thursdays from 7:15pm– 8:00pm, and is highly recommended for those who wish to participate in the class. See Sensei Chris or Sensei Jeremy for more details.

Stripe Testing

The next stripe testing will be held Wednesday and Thursday April 27th and 28th. Next belt testing will be held Thursday May 12th from 5:45pm—8:15pm.

Special Apparel Orders

For those who did not get their special orders in on time for the March order, We will be placing our next special order on April 27th. With spring here and summer just around the corner, this is the perfect time to get your hooded sweat shirt and jack orders in. See Sensei Jeremy at the pro-shop if you have questions.

Announcements

Private Lessons

For those students wishing to sign up for private lessons, there will be a sign up sheet at the pro-shop. Please fill out the form with your name, phone number, email address and what you would like to cover in your lesson. We will get back with you as quickly as possible to schedule the lesson. Private lessons can cover everything for working on requirements for your next belt to getting ready for a tournament. Contact a staff member for more details.

Kick Back now available electronically

Just send an email to **sharkeynews@sbcglobal.net** with the subject line saying "Newsletter". Let us know which email address you would like to have it sent to and if you prefer Publisher format or Adobe Acrobat format.

April Birthdays

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|---------------------------|--------------|
| Alec (AJ Blume) | 04/06 |
| Kim Kampf | 04/07 |
| Anthony Anodenko | 04/09 |
| Josh Gramhofer | 04/11 |
| Kevin Knox | 04/13 |
| Nathan Sidhu | 04/16 |
| Emi Hockett | 04/21 |
| Mari Hockett | 04/21 |
| Kenneth Kho | 04/26 |
| Mike Chaturantabut | 04/30 |

Happy birthday to everyone!

