

# KICK BACK

Sharkey's Karate Studio Newsletter  
May 2004

## Sun City Internationals

On April 30-May 1, Team AKA traveled to El Paso, TX to compete at the Sun City Internationals. Matt Koonce, in his first WSKF event, took first place in traditional forms, and first place in xtreme weapons. Caitlin Koonce took first places in traditional forms, xtreme weapons, and point sparring. Ty Hinds took first place in both continuous and point fighting. Chris Brewster won first place in musical forms and open forms.

## Mother's Day Workout

Happy Mother's Day. On Friday, May 7<sup>th</sup>, 18 mothers from Sharkey's Karate got together for an awesome, exciting workout. Thank you to everyone for coming. (and the Father's Day Workout will be on June 25<sup>th</sup>, so Mom's, you can get your revenge.)

## Boot Camp

It's almost that time! Sharkey's Karate will be hosting our annual Karate Boot Camp from July 5 to August 1. This camp is a 4 week training program. Students will learn xtreme, open, weapon, and traditional forms. Let us know if you're interested. Campers must be signed up by June 1.

## Summer Camp

Sharkey's Karate will hold the annual AKA Summer Camp on July 22, 23, 24, and 25. This camp will be a blast. Prepare for intense training, crazy drills, and a day of fun at the waterpark!!! There will be a discount for all Sharkey Karate students.

## AKA Tournaments

Here are the upcoming AKA Events.

May 15<sup>th</sup> – All Star Karate Championships  
St. Charles, MO

June 26<sup>th</sup> – Eureka Springs Martial Arts Classics  
Eureka Springs, AK

June 27<sup>th</sup> – Battle of Chicago  
Chicago, IL

## Private Lessons

If you feel that you need a little extra help to get ready for a stripe or belt test... or if you just want a little one-on-one training, sign up for a private lesson. Private lessons are 30 minute classes with just you and a Sharkey's Karate instructor. Private lessons can include basic techniques, ippons, forms, self-defense, test preparation, sparring, or

XMA. Lessons are just \$25. Just sign up at the pro-shop.

## Lil Sharks

The summer session of Lil' Sharks began on May 4. The summer session will include outdoor workouts, lil' sharks weapons training, a lil' sharks picnic and a lot more.

## Cure Autism

On Sunday, May 23, Tammy Wolf will be walking in the Cure Autism Now 5K Walk. Anyone wishing to contribute, can bring pledges or donations to the dojo. Also, you can pledge at [www.walknow.org](http://www.walknow.org). Just go to the website, and look up Tammy Wolf or Team Wolfpack.

## School's Out Party

Kids, school is almost over. It's time to celebrate. On Friday, June 11, we will have our annual School's Out Party. Starting at 6:00, we will have 3 hours of fun, games, and pizza!!! Sign up now!

## May Birthdays

<i>Jenice Kho</i>	5/03
<i>Tom Green</i>	5/06
<i>Sidonie Stolz</i>	5/08
<i>Nicolette Bruno</i>	5/10
<i>Ignacio Alvarez</i>	5/11
<i>Andy Drane</i>	5/17
<i>Sensei Joe Sener</i>	5/20
<i>Tom Stukel</i>	5/23
<i>Jake Greenburg</i>	5/24
<i>Alessandro Vazques</i>	5/27

Happy Birthday!!!