

# KICK BACK

Sharkey's Karate Studio Newsletter  
April 2004

## Amerikick Internationals

On March 18-20, Team AKA traveled to Atlantic City, NJ to compete at the Amerikick Internationals. Ignas Ramanauskas, in his first WSKF event, took first place in musical forms, and second place in xtreme weapons. Ty Hinds took first place in both continuous and point fighting. Craig Henninsen took first place in traditional and extreme forms. Craig also won the junior forms grandchampionship. Chris Brewster won first place in musical forms and xtreme weapons. Chris also won the adult black belt grandchampionships.

Sharkey's Karate student, Caitlin Koonce won first place in creative weapons and musical forms. Alana Yousif took first place in musical forms.

## Boot Camp

It's almost that time! Sharkey's Karate will be hosting our annual Karate Boot Camp from July 5 to August 1. This camp is a 4 week training program. Students will learn xtreme, open, weapon, and traditional forms. Let us know if you're interested. Campers must be signed up by June 1.

## Summer Camp

Sharkey's Karate will hold the annual AKA Summer Camp on July 22, 23, 24, and 25. This camp will be a blast. Prepare for

intense training, crazy drills, and a day of fun at the waterpark!!!

## XMA

Since March, our XMA program has been doing great! We are going to offer another XMA Launch, this time to people who are not students of Sharkey's Karate. If you know anyone who either trains at another school, or does not do martial arts, sign them up for this launch. It will be held on May 8, from noon – 2:00.

## AKA Tournaments

Here are the upcoming AKA Events.

May 15<sup>th</sup> – All Star Karate Championships  
St. Charles, MO

June 26<sup>th</sup> – Eureka Springs Martial Arts Classics  
Eureka Springs, AK

June 27<sup>th</sup> – Battle of Chicago  
Chicago, IL

## Belt Test

The next belt test will be held on May 1<sup>st</sup> at 10:30 a.m. The belt test is for students who have all of their stripes.

## Stripe Test

The next stripe test will be held on Wednesday and Thursday, May 5<sup>th</sup> and 6<sup>th</sup>. If you have any questions on what you need to know for the test, or which stripes you

need to earn, ask an instructor.

## Private Lessons

If you feel that you need a little extra help to get ready for a stripe or belt test... or if you just want a little one-on-one training, sign up for a private lesson. Private lessons are 30 minute classes with just you and a Sharkey's Karate instructor. Private lessons can include basic techniques, ippons, forms, self-defense, test preparation, sparring, or XMA. Lessons are just \$25. Just sign up at the pro-shop.

## Lil Sharks

The next Lil' Sharks session will begin on May 4. The summer session will include outdoor workouts, lil' sharks weapons training, a lil' sharks picnic and a lot more.

## Brewster's Seminars

Sensei Chris Brewster spent the week of April 3-10, traveling across the east coast, teaching sport karate seminars and performing demonstrations. Chris traveled to Connecticut, New Jersey, New York, and Massachusetts.

## April Birthdays

<i>Bobby Jose</i>	4-05
<i>Abmad Abu-Nijmeh</i>	4-05
<i>Hector Rodriguez</i>	4-05
<i>AJ Blume</i>	4-06
<i>Lawrence Wrenn</i>	4-06
<i>Anthony Anodenko</i>	4-09
<i>Nicholas Dica</i>	4-09
<i>Kevin Knox</i>	4-13
<i>Jeremy Hays</i>	4-14
<i>Eric Hill</i>	4-18
<i>Kenneth Kbo</i>	4-25
<i>Michael Hostika</i>	4-26
<i>Karen Schwartz</i>	4-30
<i>Sensei Mike Chaurantabut</i>	4-30
<i>Happy Birthday!!!</i>	